MEDICAL HISTORY

Patient Name			Nic	kname			Age		
Name of Physician/and their specialty									
Most recent physical examination			Pu	rpose					
What is your estimate of your general health?		Exc					Poor		
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DO YOU HAVE or HAVE YOU EVER HAD:	YES	NO						YES	NO
hospitalization for illness or injury	00000000		27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41. 42. 43. 44. 45. 46.	viral infections (e.g., cold sores) bacterial infections (e.g., Lyme disease) any lumps or swelling in the mouth			Ö		
pneumonia, emphysema, shortness of breath, sarcoidosis chronic ear infections, tuberculosis, measles, chicken pox	8		47. 48.				lness e last 24 hours		
15. breathing problems (e.g., asthma, nasal breathing, stuffy nose, sinus congestion)	ö	ö	40.	(e.g., fever, chills, new cough, or diarrhea)				U	U
16. sleep problems (e.g., sleep apnea, snoring, insomnia, restless sleep, bedwetting)				49. taking medication for weight management					
17. kidney disease	Ы	Ы	50. taking dietary supplements, vitamins, and/or probiotics 51. often exhausted or fatigued				Я	Ы	
17. Notified under a serious proposition of the following	H	Н	52.	experiencing frequ	ı ıaugueu ıent heada	ches or c	nronic pain	Н	Ξ
20. thyroid, parathyroid disease, or calcium deficiency	H	H					er (e.g., smokeless tobacco,	H	\simeq
21. hormone deficiency or imbalance (e.g., polycystic ovarian syndrome)	Ŏ	Ŏ		vaping, e-cigarettes, a	nd cannabis)				
22. high cholesterol or taking statin drugs	Ō	$\overline{\Box}$	54.	considered a touch	ny/sensitive	eperson		\Box	\Box
23. diabetes (HbA1c=)			55.	often unhappy or	depressed			Q	\Box
24. stomach or duodenal ulcer			56.	taking birth contro	l pills			Д	Д
25. digestive or eating disorders (e.g., gastric reflux, bulimia, anorexia, celiac			57.	currently pregnant	t or breastfe	eeding _		У	У
disease, Crohn's disease, or any inflammatory bowel disease) Describe any current medical treatment, impending surgery, dental treatment. (i.e. Botox, Collagen Injections)	genet		58. velo	diagnosed with a p	orostate dis other tre	order eatmen	t that may possibly aff		
List all medications, supplements, vita	amins	, and,	or p	robiotics taken	within the	e last tv	vo years.		
Drug Purpose				Drug			Purpose		
Patient's Signature	YOU	R ME	DIC	AL HISTORY O	R ANY IV	IEDICA	ate		
Doctor's Signature						D	ate		